

OUR TREATMENTS

Mercury Free, Mercury Safe Dentistry

Metal Free Crowns

One Visit Crowns

Cosmetic Dental Care

Aesthetic Dental Care

Tooth Whitening

Advanced Gum

Disease Treatments

Laser Treatments

Child Preventative Care

Tooth and Meridian Connection

Orthodontics without Extraction

Tooth Straightening - Any Age

Air Abrasion instead of Drilling

Pain Free Anaesthetics

Elimination of Dental Infections

Treatment for Jaw Disorders

TMJ & Whiplash Injuries

Nutritional Advice

WHAT SHOULD I DO IF I SUSPECT A TONGUE OR LIP TIE?

- Call the clinic for an appointment
- Our friendly receptionist can give you more information if necessary
- For consultations regarding any aspects of tongue and lip ties, please contact Cote Royd Dental Practice



D E N T A L
P R A C T I C E

☎ 01484 514451

✉ info@crdentalpractice.co.uk

📍 coteroyddentalpractice.co.uk

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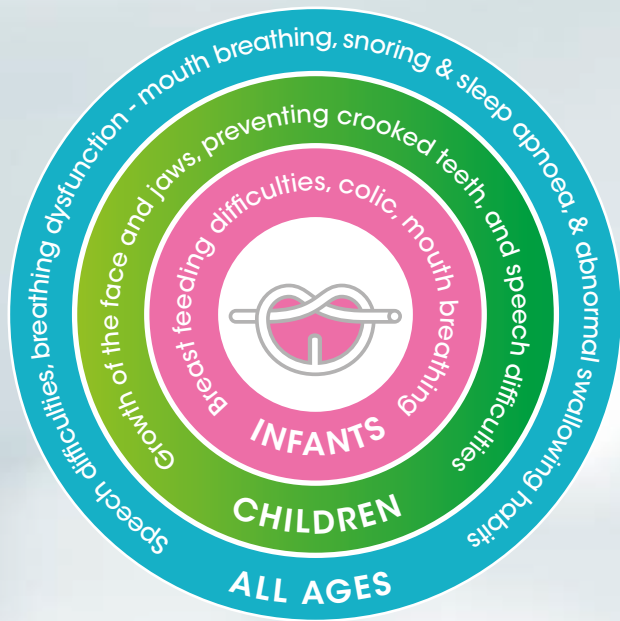
D E N T A L
P R A C T I C E

TONGUE & LIP TIE CLINIC

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WHAT IS A TONGUE OR LIP TIE?

- A congenital abnormality which decreases the mobility of the tongue or lip
- The frenum (the bit that causes the tie) is a normal part of anatomy but it can be too thick or too short
- Defective frenums lead to a restriction in the range of motion of the tongue or lip



WHAT CAN A LIP OR TONGUE RELEASE HELP WITH?

- **INFANTS:** Breast feeding difficulties or painful breast feeding, colic, mouth breathing
- **CHILDREN:** Growth of the face and jaws, preventing crooked teeth, and speech difficulties
- **ALL AGES:** Speech difficulties, breathing dysfunction - such as mouth breathing, snoring and sleep apnoea, and correction of soft tissue dysfunction (abnormal swallowing habits)



HOW CAN IT BE CORRECTED?

- A tongue (or lip) tie release, sometimes called frenectomy is performed using a medical laser
- It is a quick procedure, performed in the dental chair

WHAT'S INVOLVED?

STEP 1: CONSULTATION

Thorough examination and diagnosis.

STEP 2: EDUCATION

We will pass on valuable information.

STEP 3: COORDINATION OF APPOINTMENTS

It's ideal that you see one of our affiliated practitioners both before and after the procedure.

STEP 4: THE PROCEDURE

The frenectomy is carried out using our state-of-the-art medical laser,.

STEP 5: HEALING AND REHABILITATION

Your after-care plan will be a big part of how successful your frenectomy is.

USEFUL RESOURCES FOR FURTHER INFORMATION

www.airwayfocusdentistry.com

www.kiddsteeth.com

www.tonguetieprofessionals.org

'Your Jaws – Your Life'
by David C. Page, D.D.S.

'Strught Talk about Crooked Teeth'
by S.Kent Lauson, DDS, MS, Orthodontist



Tongue & Lip Tie



Lingual frenulum